

# Certificate in Hope-Action for Education & Youth

Dr. Norm Amundson, Andrea Fruhling, Doubleknot Works

Hope-Action Theory provides an overarching framework for working within Education and with young adults. Young people need to be prepared for an ever-changing world that promises great opportunity but also great challenges. Innovation, change and hope are essential ingredients in this push towards a brighter future. This training will focus on strategies and techniques for working within classrooms, but also more broadly with youth that are attempting to launch their career journeys. The training will be of particular interest to teachers at the secondary and post secondary level, as well as those persons who are working with youth outside traditional settings. In this training we will be considering a broad range of options exploring a portfolio approach to career development. The course will include an experiential focus and an overview of the major tenets of Hope-Action Theory and Practice. The course will run for 5 weeks and involve live presentations, readings, demonstration videos, and a Triad learning model.

Training Components	Delivery
<b>Recorded Webinars (10 hours total)</b>	<b>Virtual Learning Platform</b>
<b>Face To Face Instruction (14.5 hours total*)</b> *Includes live weekly sessions and small group mentorship.	<b>Zoom</b>
<b>Course Information &amp; Readings</b>  Course content will be available to learners through an online learning platform. <b><u>Learners should plan to spend at least 10-12 hours per week engaged in learning.</u></b>	<b>Virtual Learning Platform</b>
<b>Learning Triads (2 hours per week)</b>  Learners will be placed into groups of 3, meeting for 2 hours weekly for the duration of the course. Through discussion, skills practice, and knowledge sharing, groups will practice skills learned and form small learning communities. Instructors will participate in ONE of the Learning Triad sessions to provide mentorship.	<b>Scheduled by Learners</b>
<b>Reflective Learning</b>  Learners and Instructors will join a private LinkedIn group. Learners will share their reflection assignments in the group, read, and respond to each others' posts. Instructors will be interacting with the group and providing additional resources (recordings, readings or posts) based on themes and questions that may arise.	<b>LinkedIn (Private Group)</b>
<b>Final Evaluation &amp; Course Completion</b>  Learners must receive a passing grade on an instructor evaluated written assignment, complete 90% of the coursework, and attend 80% of the live training sessions in order to complete the course.	<b>Pass / Revise / Fail</b>

## Introductory Pre-Work

Available 2 weeks before start, with some pre-work assignments due.

<b>Readings</b> <ul style="list-style-type: none"><li>• Program Overview and Introductory Content</li><li>• Selected readings from Active Engagement Anniversary Edition, (2018) Dr. Norm Amundson</li></ul>	
<b>Recordings</b>	3.5 hours
Hope Action Theory Overview and connections, Exploring the HAT Competencies with theory founders	
<b>Assignments</b>	
Join LinkedIn Group, complete introduction assignment, take HAI	

## Week 1: Mattering Perspectives

<b>Recordings</b>	1.5 hours
Mattering & Organizational Mattering, Establishing the Relationship, Debriefing the HAI	
<b>Readings</b>	
Selected readings from Active Engagement Anniversary Edition, (2018) Dr. Norm Amundson	
<b>Assignments</b>	
Personal Reflection, Mattering Questionnaire, Appreciation Worksheet, secure client for final evaluation	
<b>Face-to-Face Learning via Zoom (Kick-Off)</b>	2.5 hours
Course content discussion, debriefing assignments, practical skill development, learning triads formed & learning triad assignments started.	
<b>Triad Group Work: Complete working agreement &amp; scheduling</b>	as needed

## Week 2: Coaching Approaches to Career Conversations

<b>Recordings</b>	1.5 hours
Introduction to Career Conversations, Portfolio Development, Storytelling in Career Conversations, Practical applications & demonstration.	
<b>Readings</b>	
Selected readings from Active Engagement Anniversary Edition, (2018) Dr. Norm Amundson	
<b>Face to Face Learning via Zoom</b>	2.5 hours
Course content discussion, listening skills practice, storytelling expanded and connected to HAT	
<b>Assignments</b>	
Personal Reflection	
<b>Triad Group Work: skills practice &amp; discussion</b>	2 hours

## Week 3: Working with Metaphors and Workplace Attractors

<b>Recordings</b>	1.5 hours
Working with Metaphors, Mapping, Metaphors Client Demonstration, Metaphors Virtual Workbook, Workplace Attractors Exercise Demonstration	
<b>Readings</b> <ul style="list-style-type: none"><li>Selected readings from Metaphor Making (2010), Dr. Norm Amundson</li><li>Selected readings from Active Engagement Anniversary Edition, (2018) Dr. Norm Amundson</li></ul>	
<b>Face to Face Learning via Zoom</b>	2.5 hours
Metaphor making: practical application & skills practice, Workplace Attractors, Individual Style Survey (part 1)	
<b>Assignments</b> Personal Reflection, Individual Style Survey Part 1	
<b>Triad Group Work: skills practice &amp; discussion</b>	2 hours

## Week 4: Pulling it all Together

<b>Recordings</b>	1.5 hours
Asking Good Questions & Lines of Questioning, Action Planning, Self-Awareness, Vantage Points	
<b>Face to Face Learning via Zoom</b>	2.5 hours
Individual Style Survey Debrief, Practical Application & Skill Practice, Final Evaluation Discussed	
<b>Readings</b> Selected readings from Active Engagement Anniversary Edition, (2018) Dr. Norm Amundson	
<b>Assignments</b> Take the Hope-Action Inventory a second time, Final evaluation details released	
<b>Triad Group Work: skills practice &amp; discussion</b>	2 hours

## Week 5 Wrap-Up

<b>Face to Face Learning via Zoom (Course Wrap-Up)</b>	2.5 hours
Assignments debriefed, Goal Setting, Implementing, and Exploring Organizational Perspectives, Celebration	
<b>Final Evaluation</b> Two-part written assignment to be evaluated by instructors. Evaluation will be Pass, Revise, or Fail. To become certified students must achieve a 'Pass' grade. If students receive 'Revise', one opportunity to revise and resubmit.	

Upon successful completion, learners will receive:

**Certification in Hope-Action Theory and Practice.**